

Allergy & Anaphylaxis

Anaphylaxis is a sudden, life threatening, severe allergic reaction. The most dangerous symptoms include breathing difficulties, a drop in blood pressure or shock. While Klein ISD cannot guarantee an allergy-free environment at school, the district is committed to doing everything possible to ensure the safety of every child who has allergies. Campuses **do not** have an emergency supply of epinephrine or antihistamine available to them; therefore each student is responsible for having their own prescription medication. To ensure student safety, Parents/Guardians are required to bring the medication and necessary forms to the school clinic and conference with the nurse.

Students who are at risk for developing anaphylaxis are entitled to carry and self-administer their anaphylaxis medications (epinephrine auto-injectors) while at school or a school event, if they have met the legal requirements below:

- The medication and the self-administration must be authorized by a licensed health care provider and documented on the KISD Permission to Carry Anaphylaxis Auto Injector form.
- The student must demonstrate to the licensed health care provider and to the school nurse the skill level necessary to self-administer the medication.
- The student must have a current Allergy Action plan on file with the School Nurse.

Forms related to Allergy and Anaphylaxis:

- Anaphylaxis Packet – to be completed by the Licensed HealthCare Provider and parent/ guardian.
 - [English](#)
 - [Spanish](#)
- KISD Permission to Carry Anaphylaxis Auto Injector form.
 - [English](#)
 - [Spanish](#)
- [Birthday and Seasonal Snack Guidelines for Parents](#)
- Milk Substitution Letter
 - [English](#)
 - [Spanish](#)

[Klein ISD Guidelines for Children at Risk for Anaphylaxis Related to Food Allergy](#)